

Preston Sands



- Description: Preston Sands is a large sandy beach with a seafront promenade just north of Paignton. At the north end of Preston Sands there are cliffs with rocks and rock pools below the cliffs. Paignton Beach and Preston Sands Beach are joined at low tide. There is a large green behind the beach called Preston Green
- Safety: No details available
- Access: Steps at various points along the sea front, plus a slipway
- Dogs: Dogs banned 1st May to 30th September. On the promenade, dogs must be on leads
- Directions: Paignton is 29 miles from Plymouth and 24 miles from Exeter. From Exeter take the A38 and shortly after Exeter take the A380 (signposted to Torquay) and follow the A380 past Newton Abbot to the outskirts of Paignton. At the Churscombe Cross roundabout turn left onto the B3060 (signposted to Paignton) and continue on the B3060 until a junction and turn left onto the A3022 and drive north to Preston. Alternatively from the Plymouth direction, take the A38 and at Marley Head turn onto the A385 (signposted to Paignton) and continue on the A385 through Totnes to the outskirts of Paignton and at the Tweenaways Cross crossroads drive straight across onto the A3022 (signposted to Paignton town centre). Follow the A3022 through Paignton town centre to Preston. At Preston turn right onto Seaway Road and follow this road under the railway bridge to the sea front onto the B3021
- Parking: There is limited road parking on the B3021 by Preston Green and there is also a turning from the B3021 to a small car park (90 spaces)
- Toilets: Yes
- Facilities: Green behind the beach with childrens playground
- Activities: None

www.devonbeachguide.co.uk

Devon Beach Guide