

Man Sands



- Description: Man Sands is a large sandy beach which is usually quiet as parking is a 30 minute walk away and there are no facilities.
- Safety: No details available.
- Access: Access via a lane (sloping in places) or via the coast path from Brixham (very steep in places).
- Dogs: Dogs allowed all year
- Directions: Man Sands is about 1-2 miles from Brixham which is about 5 miles from Paignton in South Devon. There are various routes to Paignton from the Exeter or Plymouth directions, with various signposted turnings on the A38 to Paignton. At Paignton take the A3022 to Brixham. On the A3022 at the Kennels Road junction turn right onto the A379 (signposted to Dartmouth). Continue on the A379 through Hillhead and just after Hillhead turn left onto the B3205. Continue on this road for about half a mile, then after some cottages on the left, turn left onto a minor road (signposted to Coleton Fishacre). Continue on this road for several miles, then turn left onto Scabbacombe Lane and follow this lane for several miles, past the Scabbacombe car park to the Man Sands National Trust car park. From here walk the lane (known as Woodhuish Lane) to Man Sands beach (takes about 30 minutes). Alternatively park at the Sharkham Point car park on the outskirts of Brixham and walk the coast path south (very steep in places).
- Post Code: TQ5 0AJ
- Parking: 1 small car park, also parking at Sharkham Point
- Toilets: No
- Facilities: None

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